

LVPC Changing Room Guidance

This guidance document is intended to provide practical guidance to support individuals and the Club. There are no specific legal requirements regarding the use of changing facilities.

LVPC operates at the Lee Valley White Water Centre which is a shared public facility. This guidance should be applied at LVWWC and when off site as part of an organised Club activity. LVWWC provides a number of gender specific changing facilities, lockable individual toilets and separate disabled toilets.

Unlike some other sports where there is a clear separation between adult team and junior team sessions, canoeing is often participated in by a mix of age groups at the same time. Therefore when it comes to the use of changing rooms it is not always easy to allocate specific time slots for use for adults only or use for children only.

There are no rules stipulating under 18s and adults of the same gender should not share changing facilities; however the following guidance should be considered.

- Gender specific changing rooms are available.
- Changing Room Guidance is available and the Safeguarding and Welfare team contact details of who to report concerns to, are clearly communicated to all club members.
- Parents or carers of U18s know and agree to the Changing Room Guidance and are aware they are for mixed age group use.
- Where possible, there should not be a time when one adult is alone in the changing room when U18's are present and vice versa, there should not be a time where an U18 is alone in the changing room when there are adults present (unless when the U18 is accompanied by their parent or carer).
- Where possible, coaches should shower and change at a different time or in a different changing facility to the group they are coaching.
- Mobile phones, cameras or any other recording devices **must not** be used in changing rooms at any time.
- Parents and carers of U18s should be allowed to supervise their child (of the same gender) whilst in the changing room.
- Children under the age of 8 can change, when accompanied by their parent or carer, in the changing room of the opposite gender.

Remember, not everyone (adult or child) will be comfortable using group changing

facilities. No pressure should ever be put on someone using the facilities and the option to change at home or for an individual to find an alternative provision should always be made available.

Version Control

LVPC Changing Room Guidance V1.1 approved by the General Committee 11th October 2022

Lee Valley Paddlesports Club Ltd is a Private Company Limited by Guarantee without a share capital. Registered in England & Wales, Company Number 8905366. As the resident club at the Lee Valley White Water Centre, our registered address is Lee Valley White Water Centre, Station Road, Waltham Cross, Hertfordshire EN9 1AB.

Lee Valley Paddlesports Club Ltd is a community-focused club run by volunteers to promote participation in paddle sports and to provide paddle sports opportunities.